

## *I Want That Job! – Fitness Instructor*

Alicia Clark:

Do you love working with people and staying in shape? Well, check out this next job. Fitness trainer.

Steve Zim:

My name is Steve Zim. I'm the owner of A Tighter U Fitness Studio, in Culver City, California. What inspired me to become a fitness instructor is that I love being in the gym. My main focus is weight training and cardio. I work with a lot of actors, actresses, professional athletes, Olympic athletes. I do the workout, I tell them what to do for cardio, and I also do the nutrition with the client. So, I'm involved in all three aspects of getting someone from point A to point B. I am certified by the American Council on Exercise, and there are plenty of others.

Steve Zim:

Typically, trainers work in gyms or fitness facilities, one-on-one or in small groups with their clients. But now, we are starting to find the internet to be a really great tool to use to reach our clients. Which is very exciting because I am training people in Europe, in Africa, all over the world, that I could never get to in my gym standing there. The reason why I love being a trainer is to see people succeed. When somebody's happy in their own skin, they feel great about themselves. And that's really what this world is about.

Alicia Clark:

To learn more about a career in the fitness industry, go to [WorkingNation.com](http://WorkingNation.com).